**2021 SUMMER SCHEDULE**

**INTENSIVE JULY 19th – 29th** (Mondays thru Thursdays 8:30am-3:00pm) COST $225 (for the 2 week session)

For serious dancers age 7 & UP. Dancers will be separated by age (7-11 & 12 & up) and level at Ms. Lana’s discretion. Dancers are to be prepared daily with bagged lunch, water bottle, pocket notebook or folder with paper, highlighter, and multiple pencils. This intensive will include classes in technique, stretch, PBT, cardio, progression, acro, yoga and all dance genres as well as classes in nutrition, terminology, choreography, to include testing, sewing, and projects. Dancers need to have secure bun or hairstyle that does NOT need adjusting. No messy buns or ponytails! Use bobby pins and hairspray. Dancers need to be in appropriate dance attire with proper dance shoes for each genre and ready to start class at 8:30 every morning. We will end this intensive with a showcase for families on Thursday, July 29th at 2:00pm.

**July 19th thru July 22nd (Monday thru Thursday)**

**Studio A Studio B**

**3:30-5:30 Princesses & Heroes (Age 6-9) Cost** **$75 3:30-5:30 Gabby’s Dollhouse Dance Camp (Age 3-5) Cost $75**

(Ballet, Tap, Jazz, Acro, Hip Hop, Jazz, Lyrical (Ballet, Tap, Acro, Creative Movement, Hip Hop)

Creative Movement, Musical Theatre)

**5:30-7:30 Rainbows & Unicorns (Age 6-9) Cost** **$75 5:30-7:30 Princesses & Heroes Dance Camp (Age 3-5) Cost $75**

(Ballet, Tap, Jazz, Acro, Hip Hop, Jazz, Lyrical (Ballet, Tap, Acro, Creative Movement, Hip Hop)

Creative Movement, Musical Theatre)

**7:30-8:30 Acro Camp (Age 6 & Up) Cost** **$75 7:30-8:30 Acro Camp (Age 6 & Up ) Cost** **$75**

**Level 2-** **Int/Adv (aerials & back handsprings) Level 1- Beginner/Intermediate-** cardio, stretching, strengthening

 **Experienced only & must already have** & basics to include: bridges, handstands, headstands, chest stands,

- Bridge from standing & recover, cartwheels, forward and backward rolls. Tricks & balances,

All cartwheels (including one handed), Limbers & walkovers if ready.

 walkovers & limbers (front & back)

**July 26th thru July 29th (Monday thru Thursday)**

**Studio A Studio B**

**3:30-5:30 Rainbows & Unicorns (Age 6-9) Cost** **$75 3:30-5:30 Magical Fairy Garden Dance Camp (Age 3-5) Cost $75**

(Ballet, Tap, Jazz, Acro, Hip Hop, Jazz, Lyrical (Ballet, Tap, Acro, Creative Movement, Hip Hop)

Creative Movement, Musical Theatre)

**5:30-7:30 Princesses & Heroes (Age 6-9) Cost** **$75 5:30-7:30 Gabby’s Dollhouse Dance Camp (Age 3-5) Cost $75**

(Ballet, Tap, Jazz, Acro, Hip Hop, Jazz, Lyrical (Ballet, Tap, Acro, Creative Movement, Hip Hop)

Creative Movement, Musical Theatre)

**7:30-8:30 Acro Camp (Age 6 & Up) Cost** **$75 7:30-8:30 Acro Camp (Age 6 & Up ) Cost** **$75**

**Level 2-** **Int/Adv (aerials & back handsprings) Level 1- Beginner/Intermediate-** cardio, stretching, strengthening

 **Experienced only & must already have** & basics to include: bridges, handstands, headstands, cheststands,

- Bridge from standing & recover, cartwheels, forward and backward rolls. Tricks & balances,

All cartwheels (including one handed), Limbers & walkovers if ready.

 walkovers & limbers (front & back)

**August 2nd thru August 5th (Monday thru Thursday)**

**Studio A Studio B**

**3:45-4:30 Me & My Dolly Dance (Age 2-3) Cost** **$65 3:45-5:45 My Little Pony Dance (Age 4-6) Cost $75**

(Ballet, Acro, Creative Movement) (Ballet, Tap, Acro, Jazz, Lyrical, Creative Movement, Hip Hop)

**\*BRING your own Doll or stuffed animal**

**4:30-6:30 Trolls (Age 7-9) Cost** **$75 5:45-6:30 Me & My Dolly Dance (Age 2-3) Cost $65**

(Ballet, Tap, Jazz, Acro, Hip Hop, Jazz, Lyrical (Ballet, Acro, Creative Movement)

Creative Movement, Musical Theatre) **\*BRING your own Doll or stuffed animal**

**6:30-8:30 Dance Camp (13 & Up) Cost** **$95 6:30-8:30 Dance Camp (Age 10-12) Cost** **$95**

Ballet, Tap, Jazz, Acro, Hip Hop, Jazz, Lyrical,Ballet, Tap, Jazz, Acro, Hip Hop, Jazz, Lyrical, Musical Theatre,

Musical Theatre, Modern/Contemporary, leaps & turns Modern/Contemporary, leaps & turns

**Each camp will end with a short showcase the last 15-30 minutes of the last day of each camp**

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**Competition Tryouts will be Saturday, July 31st – 9:00am-10:30am for Age 4-9 and 10:30am-12:30pm for Age 10 and up. It is in best interest of dancer to participate in summer intensive or camp if they plan to audition for competitive team.**

**FALL CLASSES BEGIN THE WEEK OF AUGUST 16TH - REGISTRATION WILL OPEN END OF JULY FOR FALL CLASSES**